

Q&A from the webinar

Flowable Injection Technique - Anterior

If the diagnosis is bruxism, is this a good treatment?

a: If the patient is a bruxer I think there is no optimal solution ever. If you choose a non-invasive treatment and have a patient using a night or day guard, you can choose flowable composite. There is a big risk of chipping of course but the same problem can occur with other materials like porcelain.

Why don't you let the Technician do the silicone index for you?

a: Yes of course you can ask a technician for this but first you need to tell how the index should be designed.

What is the gel you use? (Transparent gel)

a: Glycerine gel of any kind but choose a gel type.

Why do you need glycerine gel?

a: You don't actually need it. I use it to remove the oxygen inhibition layer, but of course you can do the same with a good polish. I was taught so and it works good for me but the same effect can be achieved with polishing.

What do you think about Twist Dia?

a: For me they are the best.

Can you please advise which bonding system do you find the most suitable for this procedure?

a: Clearfil Universal Bond Quick works fine for me. Easy, one step.

How long do you dry air-blow adhesive?

a: Clearfil Universal Bond Quick needs to be air-dried at least 5 seconds until the bonding doesn't move anymore visually.

Which viscosity did you use for veneering?

a: I used the low viscosity, the one with the blue label. Clearfil Majesty ES Flow Low. It's the most universal but of course on posterior teeth you can use Super Low.

Which burs are good for the cervical area?

a: I prefer a diamond flame shape (yellow) bur and for finishing cutters in the same shape to make a surface smooth.



Do you recommend a tray with one-one if we have a wax up from the lab or a whole one?

a: If you have a wax up of all teeth I prefer tray for all.

Do you use water while polishing teeth with Twist DIA?

a: No, I don't use water. Remember, maximum speed is 10k rpm.

Why do you remove the silicon index after 5+5 seconds of cure?

a: It, at first, will cure and stabilise the composite sufficiently, making it easier to remove all excess. After the composite is fully cured it will be difficult to clean inter proximal spaces correctly. After removing and excess removal I use glycerin and cure for another 20 seconds. It depends of course on the power of your curing light.

Do you use petroleum jelly before putting a mock-up?

a: No, I don't use any petroleum jelly, but yes, it sometimes is difficult to remove the mock up. Especially when there are big gaps between teeth or in case of the presence of small undercuts.

Is it possible to make it multi-layer?

a: Yes of course. There are 3 types of flow injection techniques for anterior teeth. One is a single layer (traditional way), the second is multilayer with stains and the third one is by using cut back. You can choose what you prefer.

